



## REGULATIONS VODAFONE 10K

### **Article 1** General information

1. These Regulations govern the organization of the "VODAFONE 10K", in the city of Lisbon, as part of the EDP LISBON HALF MARATHON.
2. Compliance with the provisions of these Regulations does not exempt the subsidiary application of applicable state legislation and sports regulations.
3. VODAFONE 10K is organized by MARATONA CLUBE DE PORTUGAL (hereinafter MCP), with headquarters at Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal.
4. The VODAFONE 10K will take place on March 8<sup>th</sup>, 2026, starting at 10:15 am. This race has the support of the municipalities of Lisbon and Almada, as well as other official entities.

### **Article 2** Course and duration

1. The VODAFONE 10K is a 10 000 meters competition.
2. The VODAFONE 10K will have a time limit of 2h20m (two hours and twenty minutes) from the start, ending at 12:35pm (one, thirty-five pm).
3. Once the VODAFONE 10 K time limit has elapsed, the competent authorities will re-establish road traffic, so all runners who may still be taking part in the race should divert to the sidewalks. The Organization will not be held responsible for any accident that may occur after the VODAFONE 10K time limit.

### **Article 3** Start, route and finish lines

1. The start will be at the 25 de Abril Bridge Toll Plaza. The route is like that of the EDP Half Marathon. The finish line will be on the street in front of the Centro Cultural de Belém - Praça do Império.
2. The route will be in accordance with the map published on the race's official website [www.meiamaratonadelisboa.com](http://www.meiamaratonadelisboa.com).

### **Article 4** Starting times and boxes



1. There will be no starter boxes in the VODAFONE 10K.

## **Article 5**

### **Aid Stations**

1. The organization will set up official aid stations at 5 km intervals, which does not mean that other areas will not be set up at duly marked locations.

## **Article 6**

### **Registration**

1. Entries must be made online on the official race website at [www.maratonaclubedeportugal.com](http://www.maratonaclubedeportugal.com).
2. A maximum of 9,000 (nineteen thousand) runners will be allowed to take part in the VODAFONE 10K.
3. Runners under the age of 18 will not be allowed to register or take part.
4. Entries are personal and non-transferable.
5. All requests for changes to registration must be made no later than one (1) month before the date of the VODAFONE 10K, by emailing [info@maratonaportugal.com](mailto:info@maratonaportugal.com)
6. All requests for changes to registration made after the deadline mentioned in the previous point will incur an administrative cost of 15 (fifteen) euros, and the personalization of the bib will not be guaranteed.
7. Without prior notice, the organization may at any time suspend or extend the deadlines or add to or limit the number of entries for the competition and according to technical or structural availability.
8. All athletes wishing to take part in the VODAFONE 10K must ensure that they meet the health conditions required for the effort inherent in the race, by signing the Declaration of Responsibility provided for in article 24 of these Regulations.

## **Article 7**

### **Registration and participation of visually impaired and mobility-impaired persons**

1. To guarantee respect for the principle of equality (non-discrimination) regarding the participation of impaired athletes, regardless of the category of disability and athletes with mobility impairment, from the 2024 edition onwards, it will be possible for people

with mobility impairment who use a wheelchair to take part in the Race if they are assisted/pushed by a third party.

2. Without prejudice to the provisions of article 27 of these regulations, a maximum limit of 10 (ten) places is set aside for participants with reduced mobility who need to use a wheelchair, if they are not assisted by any mechanical aid device (handbikes).

3. For safety reasons, participants using wheelchairs must be accompanied by an assistance team made up of three people (two to be indicated by the participant, with the third person being a member of the organization). Wheelchair use is restricted to the area of the road platform with bituminous paving. Travelling on the metal grids is prohibited.

4. The registration of the assistance team or guide must be done at the same time and in conjunction with the registration of the participant who will be using the wheelchair, on a separate form, and is not subject to any fee or consideration.

5. Participants with reduced mobility, who need to use a wheelchair, will start at the end of the Race.

6. To receive the official Race medal at the end of the Race, the disabled participant must complete the entire Race.

7. Visually impaired participants are entitled to take part in the Race with a guide, on presentation of a medical certificate of multipurpose disability equal to or greater than 60%.

8. Visually impaired participants and participants with reduced mobility who need to use a wheelchair must register exclusively by emailing [inscricoes.pdvmc@maratonaportugal.com](mailto:inscricoes.pdvmc@maratonaportugal.com).

9. The MCP will not be held responsible for any registration of visually impaired or mobility-impaired athletes, who need to use a wheelchair, made by any means other than through the email address provided above for this purpose, such registrations being considered invalid and reserving the right not to authorize the participation of the athletes in question.

10. No entry fee will be charged to visually impaired or mobility-impaired participants who require a wheelchair.

11. Participants with reduced mobility and who need to use a wheelchair will be informed, after registering for the Race, how to proceed to access the start area. For reasons of safety and logistical feasibility, it will have to be agreed in advance and authorized by the MCP how these participants will access the start area.

12. Any wheelchair user who arrives at the start area of the Race without prior authorization from the MCP may be refused participation in the Race.

## Article 8

### Registration fee

1. Registration fees are set annually by the MCP.
2. Visual and mobility impaired athletes, as well as the accompanying persons assisting them, are exempt from the registration fee.
3. The payment of the registration fees must be made through the means indicated by the MCP.

## **Article 9**

### **Participation kit**

1. The "Participation Kit" will be given to you when you collect your bib and will contain:
  - a) A technical fiber T-shirt (5 sizes, the stock of sizes being distributed according to availability). If there is a stock shortage in any size, the athlete will be offered another size;
  - b) A bib;
  - c) An individual equipment bag;
  - d) Other gifts and information from sponsors.

## **Article 10**

### **Collection of the participation kit**

1. Duly registered athletes will be able to collect their bib and respective "Participation Kit" at the **Centro de Congressos de Lisboa on 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> of March 2026**, from 10:00am to 08:00pm, and no documentation of any kind will be distributed on the day of the competition. No kits will be handed out in any other moment other than the ones designated here.
2. To collect your bib, you will need to present the respective receipt, which serves as proof of payment of the respective entry fee, or the printed online registration document, as well as the athlete's identification document.
3. In the case of athletes with disabilities/mobility impairments for which there is a need for assistance by a companion, the latter may collect the bib and the respective "Participation Kit".
4. On delivery of the "Participation Kit" no size change requests for technical fiber t-shirts will be accepted.

## **Article 11**

### **Bib number**

1. The bib is personal and non-transferable and may not be reproduced, replicated, or modified under any circumstances, and its use by a third party will result in their disqualification and suspension from participating in subsequent editions of the race.
2. The race bib, which contains an electronic chip, will be the athlete's identification and must be attached to the athlete's chest area.
3. The Organization recommends that all athletes fill in their personal details on the back of the bib for reasons solely related to the athlete's own safety, as they may be of the utmost importance in the event of an accident, physical indisposition, or any other emergency during the course.
4. Athletes without a bib will not be authorized to run on the course.

## **Article 12**

### **Disqualification from the VODAFONE 10K**

1. Without prejudice to other causes provided for in these Regulations, athletes will be disqualified when:

- a) They use another athlete's bib;
- b) Damage the bib;
- c) They don't have the bib in the chest area, as poor placement of the bib implies a possible failure to obtain results;
- d) Folding the bib in such a way as to reduce its size;
- e) Not wearing their bib all the way round the course;
- f) Jumping bars either in the start or finish area;
- g) Do not respect the race signs or the instructions provided by the Organization;
- h) Falsifying any element relating to their entry;
- i) Showing physical discomfort or apparent weakness before the start;
- j) Use more than one chip or 2 bibs with different numbers;
- k) Demonstrate unsportsmanlike behavior or fail to comply with the rules stipulated in these regulations and the safety and hygiene instructions given by the staff and competent bodies before, during and after the race.

## **Article 13**

### **Categories**

1. There will be no categories/ranks in the VODAFONE 10K.

## **Article 14**

### **Certification of the Race**

1. The timing system and respective classification will be carried out using the "My Laps" system, whose electronic base will only work if the athlete duly affixes their official bib.
2. The course was measured by World Athletics gauges, in accordance with the respective regulations and according to the data provided by the race's Technical Director.

#### **Article 15**

##### **Homologation of classifications**

1. The classifications will be considered definitively homologated 15 (fifteen) days after the day of the competition.
2. There will be an independent classification by gender and a prize will be awarded for the overall classification up to third place.

#### **Article 16**

##### **Monetary Prizes**

1. There will be no prize money in the VODAFONE 10K.

#### **Article 17**

##### **Other Prizes**

1. All classified athletes will receive an official medal and other souvenirs related to the race.

#### **Article 18**

##### **Equipment collection**

1. There will be no collection of equipment for participants in the race.

#### **Article 19**

##### **Sports insurance**

1. The Organization will provide a medical assistance service throughout the race and at the finish line, where a hospital tent will be set up.
2. Without prejudice of the previous number, the MCP will provide a sports insurance policy to all the participants of the Event, through a contract signed with an insurance company, in accordance with the legal regime of the compulsory sports insurance, as

stated in Decree-Law nº 10/2009 of the 12th January, and for that purpose, will benefit from the minimum insurance coverages stated in the referred diploma.

3. In the event of an accident, claimants should contact the MCP via email at [geral@maratonaportugal.com](mailto:geral@maratonaportugal.com) , so that they can fill in the Accident Form to be sent to the insurer by the MCP.

## **Article 20**

### **Data protection measures**

1.The MCP will process the personal data of the Athletes and the holders of the Athlete's parental responsibilities, when the Athlete is a minor, for the following purposes:

- a) regular development of the Race;
- b) preparation of results/classifications tables;
- c) sending important information about participation in the Race;
- d) validation of sports insurance;
- e) MCP marketing actions;
- f) communications about future similar events;
- g) marketing actions by partners/sponsors.

2.The information on how the MCP processes personal data and your rights can be found in Appendix 1 to these Regulations and in the registration form, of which it is an integral and inseparable part.

## **Article 21**

### **Term of responsibility**

1. The athletes, when registering in the Event, sign a term of responsibility with the following content:

- "1. I have read and agree with the Rules of the VODAFONE 10K, available on the official website of the race;*
- 2. I am aware that I am in physical condition to participate in the Event;*
- 3. I declare that I will refrain from participating in the race if my physical condition changes after registering in the race and that I will immediately leave the race as soon as I detect signs of weakness and/or indisposition;*
- 4. In case of emergency I authorize medical assistance in the race and, if necessary, emergency transport to a hospital;*
- 5. I am aware of the contents of the insurance policy and I have read the specifics of the same, contained in the Race Rules;*
- 6. I participate in the race of free and spontaneous will, exempting the MCP, partners, directors, collaborators and other companies linked to the organization*



*of the event, from any responsibility resulting from my participation in the race, before, during or after the same (namely, in the case of loss of personal objects by theft or other circumstances)."*

## **Article 22**

### **Doping control**

1. There are no doping controls at the VODAFONE 10K.

## **Article 23**

### **Cancellation due to Force Majeure**

1. The race may be cancelled for reasons of force majeure beyond the control of the Organization.
2. For the purposes of these Regulations, "force majeure" means any unforeseeable or unavoidable event, the effects of which occur independently of will or circumstances and which the Organization is unable to justifiably prevent or resist, including acts of hacking, computer viruses, earthquakes, floods, storms, cyclones, electrical discharges (natural or network), fires, lightning or explosions and other natural disasters, acts of war and terrorism, social unrest, fuel and energy shortages and pandemics having a serious impact on public health, and general compulsory confinement decreed by the competent public authorities.
3. In the event of the Half Marathon being cancelled for the scheduled day, if it is decided to postpone the race, the Organization guarantees the automatic transfer of all athletes' registrations to the new proposed date.
4. If the event is canceled for reasons of force majeure, the registration fee will not be refunded.

## **Article 24**

### **Changing the route**

1. The organization may, in exceptional cases, must change the route, namely the place of departure and/or arrival, as well as the race schedules.
2. "Exceptional cases" means any event that prevents the race from taking place in the exact terms set out in these regulations, which are considered "force majeure", as defined in the previous article, but which does not give rise to cancellation.
3. If the route has been altered in exceptional cases, the entry fee will not be refunded.



## **Article 25**

### **Prohibited objects**

1. To preserve the security of the Race, athletes will not be allowed to participate on bicycles, accompanied by animals, with baby carriages, skateboards, skates, scooters, or any other motorized devices, and athletes are not allowed to carry or bring with them prohibited objects or substances that may generate or enable acts of violence, mainly glass bottles.

## **Article 26**

### **Questions and complaints**

1. Complaints must be made in accordance with WA principles. There will be a fee of €50.00 (fifty euros) for each complaint, which will be deposited until the situation is resolved. The amount will be refunded if the complaint is upheld. The time taken to analyze the complaint will be in line with the need to consult adjacent elements to fully understand the problem.
2. The organization has several platforms to support participants' queries, which should be consulted if necessary.

Any cases not covered by these Regulations will be resolved by the Technical Director of the Race, in accordance with the legislation and regulations in force.

## APPENDIX 1 - INFORMATION REGARDING THE PROCESSING OF PERSONAL DATA

<b>Responsible for the treatment:</b>	<ul style="list-style-type: none"> <li>MARATONA CLUBE DE PORTUGAL (MCP)</li> <li>502.468.246</li> <li>Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal</li> <li>dpo@maratonaportugal.com</li> </ul>
<b>Purposes of processing and Legal grounds for processing:</b>	<ol style="list-style-type: none"> <li><b>Regular development of the Race; and</b></li> <li><b>Preparation of tables of results/classifications;</b></li> <li><b>Sending important information about the participation in the Event:</b> The processing is necessary for the performance of pre-contractual diligence at the request of the Athlete (the data subject) and subsequent performance of the contract to which the Athlete is a party.</li> <li><b>Validation of the sports insurance:</b> The processing is necessary for the performance of a legal obligation to which the MCP is subject.</li> <li><b>MCP marketing actions (image rights):</b> Legitimate interests pursued by MCP.</li> <li><b>Communications of similar future events:</b> Legitimate interests pursued by MCP.</li> <li><b>Communication of personal data to partners/sponsors for marketing actions:</b> Prior and express consent of the data subject.</li> </ol>
<b>Description of legitimate interests:</b>	<ul style="list-style-type: none"> <li><b>MCP marketing actions (image rights):</b> MCP has every interest in using the Athlete's image for marketing purposes of its events, and no authorization is required to capture the Athlete's image since the reproduction of the image is framed in facts that have occurred publicly, pursuant to article 79(2), of the Civil Code.</li> <li><b>Communications of future similar events:</b> The MCP has every interest in, in the context of the provision of the service which is the object of the Regulations, using the contact details of the Athlete or the holders of the Athlete's parental responsibilities, for the purposes of direct marketing of its own products or services analogous to those transacted, under the terms of the Law on the treatment of personal data and the protection of privacy in the electronic communications sector (Law no. 41/2004, of 18 August).</li> </ul>
<b>Origin of personal data</b>	Received through the Athlete's holders of parental responsibilities.
<b>Recipient categories:</b>	<ol style="list-style-type: none"> <li>Service providers who have access to personal data within the scope of the contracted services;</li> <li>Insurer, within the scope of the sports insurance contract concluded with insurer;</li> <li>Third parties for the purpose of exercising or defending the rights of the MCP in a lawsuit.</li> </ol>
<b>Transfers outside the EU and Conditions for transfer:</b>	N/A
<b>Term of conservation of personal data:</b>	<ol style="list-style-type: none"> <li><b>Regular development of the Trial; and</b></li> <li><b>Preparation of tables of results/classifications;</b></li> <li><b>Sending important information about the participation in the Event:</b> During the Contract; After the Contract, until the expiration of the corresponding rights.</li> <li><b>Validation of the sports insurance:</b> During the legally established period.</li> <li><b>MCP marketing actions (image rights); and</b></li> </ol>

	<p><b>6. Communications of future similar events:</b> For five (5) years, or, until you exercise your right to object.</p> <p><b>7.</b> The periods indicated are without prejudice to its conservation, beyond that period, in the case of pending legal action, in which case the data will be deleted after 3 (three) months from the date of the final decision rendered in the process.</p>
<b>Your rights:</b>	<ul style="list-style-type: none"> <li>- <b>Access:</b> confirmation of the processing and the right to access your personal data;</li> <li>- <b>Rectification:</b> to obtain the rectification of inaccurate and/or incomplete personal data;</li> <li>- <b>Erasure:</b> to obtain the erasure of personal data in accordance with the law;</li> <li>- <b>Limitation:</b> to obtain the limitation of processing in accordance with the situations listed in the law;</li> <li>- <b>Opposition:</b> oppose the processing of your personal data;</li> <li>- <b>Portability:</b> to receive the personal data concerning you;</li> <li>- <b>Withdrawal of consent:</b> right to withdraw consent given at any time.</li> </ul> <p>The listed rights are exercised in accordance with the limits defined by law, and the Controller may, in the event of reasonable doubt as to the identity of the natural person submitting the request, ask to be provided with such additional information as may be necessary to confirm the identity of the data subject.</p>
<b>How to exercise your rights / Withdraw your consent:</b>	<p>To exercise your rights you should contact the MARATONA CLUBE DE PORTUGAL through the following contacts:</p> <p>☒ Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal</p> <p>☒ dpo@maratonaportugal.com</p> <p>Regarding the treatment of data for sending electronic communications for the dissemination of products, services and campaigns, you can also withdraw your consent at any time using the tool at the bottom of the communications (REMOVE/UNSUBSCRIBE).</p>
<b>Control authority:</b>	<ul style="list-style-type: none"> <li>▪ CNPD - Comissão Nacional de Proteção de Dados</li> <li>▪ www.cnpd.pt</li> </ul>
<b>The communication of personal data is a legal obligation:</b>	No
<b>The communication of personal data is a contractual obligation:</b>	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> <li>• MCP marketing actions (image rights);</li> <li>• Communications of similar future events;</li> <li>▪ Communication of personal data to partners/sponsors for marketing actions.</li> </ul>
<b>The communication of personal data is a necessary requirement for entering into a contract:</b>	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> <li>• ☒ MCP marketing actions (image rights);</li> <li>• ☒ Communications of similar future events;</li> <li>▪ ☒ Communication of personal data to partners/sponsors for marketing actions.</li> </ul>
<b>There is an obligation to provide personal data:</b>	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> <li>• ☒ MCP marketing actions (image rights);</li> <li>• ☒ Communications of similar future events;</li> <li>▪ Communication of personal data to partners/sponsors for marketing actions.</li> </ul>
<b>Consequences of not providing this data:</b>	<p>Since the treatment is necessary to register for the event and to comply with legal obligations to which the MCP is subject, without this data it will not be possible to proceed with the registration in the event and the athlete will not participate in it.</p>
<b>More Information:</b>	<ul style="list-style-type: none"> <li>▪ info@maratonaportugal.com</li> </ul>