

REGULATIONS VODAFONE 10K

Article 1

General information

1. These are the rules applied by the organization of the "VODAFONE 10K", to be held in the city of Lisbon, as part of the EDP LISBON HALF MARATHON event.
2. Compliance with these Regulations does not exempt the application of state legislation and sports regulations.
3. The VODAFONE 10K race is organized by MARATONA CLUBE DE PORTUGAL (hereinafter MCP), with headquarters at Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal.
4. The VODAFONE 10K will take place on March 9th, 2025, with a scheduled start time of 10:05 am. This race has the support of the municipalities of Lisbon and Almada, as well other official entities.

Article 2

Course and duration

1. The VODAFONE 10K is a 10,000-meter competition.
2. The VODAFONE 10K will have a time limit of 2h20m (two hours and twenty minutes).
3. Once the VODAFONE 10K time limit has elapsed, the authorities will re-establish the road traffic, so all runners who may still be taking part in the race must divert to the sidewalks. The organization will not be held responsible for any accident that may occur after the VODAFONE 10K time limit.

Article 3

Start, course and finish line

1. The Vodafone 10K start will be at the 25 de Abril Bridge toll plaza. The course is the same of the EDP Half Marathon. The finish line is at the "Mosteiro dos Jerónimos - Praça do Império".
2. The course will be available at the race official website www.meiamaratonadelisboa.com.

Article 4

Starting boxes

1. The VODAFONE 10K has no starting boxe.

Article 5

Aid Stations

1. The organization offers to all runners' official aid stations every 5 km, which does not invalidate that others aid stations be available along the course.

Article 6

Registration

1. The registrations for the Vodafone 10K must be done online at the official race website at www.maratonaclubedeportugal.com
2. A maximum of 12.000 (twelve thousand) runners will be allowed to take part in the VODAFONE 10K.
3. Runners under the age of 18 at the race day will not be allowed to register or take part of the race.
4. The registrations are personal and non-transferable.
5. Any change at the registrations data must be done up to one month before the race date. The requests should be sent by email to info@maratonaportugal.com
6. Any change at the registrations data request after a month of the race date will incur an administrative cost of 15 euros and the personalization of the bib will not be guaranteed.
7. Without prior notice, the organization may at any time suspend or extend the deadlines or add to or limit the number of registrations for the race, pending to technical or structural availability.
8. All athletes wishing to take part in the VODAFONE 10K must ensure that they meet the health conditions required and assume their responsibility by signing the "Declaration of Responsibility" provided for in article 24 of these regulations.

Article 7

Registration and participation of visually impaired and mobility-impaired runners

1. The organization respect the principle of non-discrimination, regardless of the category of disability, providing to athletes with mobility impairment, the opportunity take part in the race as long as they can do so independently and without the need to use a wheelchair.
2. Without prejudice to the provisions of article 27 of these regulations, a maximum limit of 10 (ten) places is reserved for participants with reduced mobility and needs the use a wheelchair (without assistance by any mechanical aid device like handbikes).
3. For safety reasons, participants using wheelchairs must be accompanied by an assistance team made up of three people (two to be indicated by the participant, with the third person being a member of the organization). Wheelchair use is restricted to

the area of the road platform with bituminous paving. Racing on the metal grids at the bridge is prohibited.

4. The assistance team or guide must make their registrations at the same time of the participant, at a specific form. The runner and the assistance team will get free registrations.

5. Participants with reduced mobility and needs to use a wheelchair, will start at the end of the race.

6. To receive the finisher medal, the reduced mobility participants must complete the full distance of the race.

7. Visually impaired participants can participate with a guide. It will have to present a medical certificate proving that he/she has a visual disability of 60% or more.

8. Visually impaired participants and participants with reduced mobility who need to use a wheelchair must register exclusively by email to:

inscricoes.pdvms@maratonaportugal.com

9. The organization will not be held responsible for any registration of visually impaired or mobility-impaired athletes, who need to use a wheelchair, made by any means other than through the email address provided for this purpose. Such registrations will be considered invalid, and the organization reserves the right not to authorize the participation of those athletes.

10. No entry fee will be charged to visually impaired or mobility-impaired participants who require a wheelchair.

11. Participants with reduced mobility and who need to use a wheelchair will be informed, after registering for the race, how to proceed to access the start area. For reasons of safety and logistical feasibility, it will have to be agreed in advance and authorized by the organization how these participants will access the start area.

12. Any wheelchair user who arrives at the start area of the Race without prior authorization from the organization may be refused to participate at the Race.

Article 8

Registration fee

1. Registration fees are set annually by the MCP.
2. Visual and mobility impaired athletes, as well as the accompanying runners assisting them, are exempt from the registration fee.
3. The payment of the registration fees must be made through the means indicated by the organization.

Article 9

Participation kits contents

1. A "Participation Kit" will be delivered to all participants when collecting their BIBs, and will contain:

- a) An official running technical t-shirt (there will be 5 t-shirt sizes available. The t-shirts size selection will be done when picking up t-shirt. If there is a size stock-out the runners will have to choose other size);
- b) A BIB with chip;
- c) An individual equipment bag;
- d) Special offers from sponsors.

Article 10

Participation kit pick up

1. Duly registered athletes will be able to collect their BIBs and participation kits at the SportExpo, located at [Sala Tejo - Meo Arena](#) in Lisbon, on March 6th, 7th and 8th 2025, from 10 a.m. to 8 p.m. No BIBs or participation kits will be delivered at other locations or at the race day.
2. To collect the BIB, runners must present their official registration document, PDF sent by email up to one week before the race day. Runners can present their PDF printed or directly from your mobile phone.
3. After collecting the t-shirt, is not possible to change.
4. Athletes with disabilities/mobility impairments may asked their supporters to collect their BIBs and participation kits.

Article 11

Bib number

1. The runners BIBs are personal and non-transferable, and may not be reproduced, replicated, or modified under any circumstances. If used by other person, the participant will be disqualified and suspended from participating in futures editions of the race.
2. The race BIB, which contains an electronic chip, will be the athlete's identification and must be attached to the athlete's chest area.
3. The organization recommends that all athletes fill in their emergency contact details on the back of the BIB. This information can be very important in the event of an accident, physical indisposition, or any other emergency during the race.
4. Athletes without BIB won't be allowed to participate at the race or be at the course.

Article 12

Special VIP" race bibs

1. There will be a limited number of "Special VIP" bibs.
2. The organization reserves the right to make "Special VIP" bibs available for an extra fee.

3. Runners with "Special VIP" bibs will be entitled to:
- a) Access to the front of the starting line;
 - b) Transport from the official race hotel to the start;
 - c) Bag drop service;
 - d) Access to the VIP tent at the end of the race.

Article 13

VIP Start Race Bibs

1. "Vip Start" BIBs will be allocated to athletes invited by the organization. Runners that wish an upgrade and start at the front of the starting line, should send its request, up to 30 (thirty) days before the race day, to the email info@maratonaportugal.com. The requests will be reviewed, and the organization will decide if the upgrade is given or not.

Article 14

Disqualification from the VODAFONE 10K

1. Without prejudice to other causes provided on in these regulations, athletes will be disqualified if:
- a) Using another runner BIB;
 - b) Damaging their BIB;
 - c) Not having the BIB placed in the chest area (as poor placement of the BIB can limit the results registration);
 - d) Folding the BIB in such a way as to reduce its size;
 - e) Not wearing their BIB throughout the course;
 - f) Jumping bars either at the start or finish line;
 - g) Not respecting the race signs or the instructions provided by the organization;
 - h) Falsifying any data at the registration;
 - i) Showing physical discomfort or apparent weakness before the start;
 - j) Using more than one chip or BIBs with different numbers;
 - k) Behaving in an unsportsmanlike manner or failing to comply with the rules stipulated in these regulations and the safety and hygiene instructions given by the staff and competent bodies before, during and after the race.

Article 15

Categories

1. There will be no categories/ranks in the VODAFONE 10K.

Article 16

Certification of the Race

1. The timing and classification of the race will be done by the "My Laps" system, whose electronic base will only work if the athlete duly affixes their official bib.
2. The course has been measured by World Athletics, accordingly to the regulations and to the data provided by the Race Technical Director.

Article 17

Classifications homologation

1. The results of the event will be homologated 15 (fifteen) days after the event day.
2. There will be an independent classification by gender and an overall prize will be awarded, and up to the third place, by gender.

Article 18

Monetary Prizes

1. There will be no prize money in the VODAFONE 10 K.

Article 19

Other Prizes

1. All finishers will receive an official medal and other gifts from the race sponsors.

Article 20

Bag drop

1. There will be no bag drop service available for the Vodafone 10K runners.

Article 21

Sports insurance

1. The organization will provide professional medical support throughout the course and at the finish line, where a hospital tent will be set up.
2. The organization will provide a sports insurance to all the participants of the event, accordingly with the legal requirements, as stated in Decree-Law nº 10/2009 of the 12th January.
3. If a runner have an accident, he/she should contact the organization by email to geral@maratonaportugal.com. The organization will send an Accident Form that must be fulfilled and sent back to organization to activate the insurance.

Article 22

Data protection measures

1. The MCP will use the athlete's data for the following purposes:
 - a) races preparation;
 - b) results/classifications management;

- c) contact runners with relevant information about the race;
 - d) Health insurance validation;
 - e) marketing actions;
 - f) inform runners about future similar events;
2. The information on how the organization processes personal data and your rights can be found in Appendix 1 of this document.

Article 23

Term of responsibility

1. When registering, the athlete signs a disclaimer with the following content:
- 1. *I have read and agree with the EDP Lisbon Half Marathon regulations, available on the race's official website;*
 - 2. *I am aware of my health conditions and declare that I have no physical and/or mental restriction to participate the race;*
 - 3. *I declare that I will refrain from participating if my health conditions change after the registration timing and that I will immediately leave the race as soon as I feel signs of weakness and/or indisposition;*
 - 4. *In the event of an emergency, I consent to be medical assisted during the race and, if necessary, be transported to a hospital if necessary;*
 - 5. *I am aware of the contents of the insurance policy applied and I have read the specifics of the policy, present at the race regulations;*
 - 6. *I will take part in the race on my own will, exempting the organization, partners, directors, collaborators and other companies linked to the organization of the event from any responsibility resulting from my participation in the race, before, during and after the race (namely the loss of personal belongings due to theft or other circumstances)."*

Article 24

Cancellation due to Force Majeure situations

1. The race may be cancelled for reasons of force majeure (reasons beyond the control of the organization).
2. For the purposes of these Regulations, "force majeure" means any unforeseeable or unavoidable event, the effects of which occur independently of will or circumstances and which the organization is unable to justifiably prevent or resist, including acts of hacking, computer viruses, earthquakes, floods, storms, cyclones, electrical discharges (natural or network), fires, lightning or explosions and other natural disasters, acts of war and terrorism, social unrest, fuel and energy shortages and pandemics having a serious impact on public health, and general compulsory confinement decreed by the competent public authorities.

3. In the event of the Half Marathon being cancelled for the scheduled day, if it is decided to postpone the race, the organization guarantees the automatic transfer of all athletes' registrations to the new proposed date.

4. If the event is canceled for reasons of force majeure, the registration fee will not be refunded.

Article 25

Course changings

1. In exceptional situations, the organization may be forced to change the races course, including the start and/or finish locations, as well the race timetable.

2. By "Exceptional situations", the organization consider all the situations that, beyond the organization control, doesn't allow the races taking place in the exact terms set out in these regulations, but which does not result on canceling it.

3. In exceptional situations, the registration fees are not refunded.

Article 26

Prohibited objects

1. Due to the safety of the runners, is not allowed to participate these races on bicycles, accompanied by animals, with baby carriages, skateboards, rollerblades, scooters or any other motorized devices, nor may they carry or bring prohibited objects or substances that could generate or enable acts of violence.

Article 27

Questions and complaints

1. All complaints must be made in accordance with the World Athletics procedures. There will be a fee of €50.00 (fifty euros) for each complaint, which will be deposited until the complaint is solved. The amount will be refunded if the complaint is upheld.

2. The organization has several platforms to support participants' queries: site, social media pages and email - info@maratonportugal.com.

Any cases not covered by these regulations will be decided by the Race Technical Director, accordingly with the legislation and regulations applicable.

APPENDIX 1 - INFORMATION REGARDING THE PROCESSING OF PERSONAL DATA

Responsible for the treatment:	<ul style="list-style-type: none"> ▪ MARATONA CLUBE DE PORTUGAL (MCP) ▪ 502.468.246 ▪ Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal ▪ dpo@maratonaportugal.com
Purposes of processing and Legal grounds for processing:	<ol style="list-style-type: none"> 1. Regular race preparation 2. Results/classifications; 3. Communicate relevant information about event: The data processing is necessary to realize pre-contractual diligences about the participation in the races and it's included at the contract the runners sign in when making their registrations. 4. Validation of the sports insurance: The data processing is necessary to validate the insurance offered to all runners and the legal obligations to which the organization is subject to. 5. MCP marketing actions (image rights): Legitimate interests pursued by the organization. 6. Communications of similar future events: Legitimate interests pursued by organization. 7. Communication of personal data to partners/sponsors for marketing actions: Prior and express consent of the data subject.
Description of legitimate interests:	<ul style="list-style-type: none"> ▪ MCP marketing actions (image rights): Organization have interest in using the Athlete's image for marketing purposes of its events, and no authorization is required to capture the Athlete's image since the reproduction of the image is framed in facts that have occurred publicly, pursuant to article 79 (2), of the Portuguese Civil Code. ▪ Communications of future similar events: The organization is interest in, in the context of the provision of the service which is the object of the regulations, using the contact details of the Athlete or the holders of the Athlete's parental responsibilities, for the purposes of direct marketing of its own products or services analogous to those transacted, under the terms of the Law on the treatment of personal data and the protection of privacy in the electronic communications sector (Law no. 41/2004, of 18 August).
Origin of personal data	Received through the Athlete's holders of parental responsibilities.
Recipient categories:	<ol style="list-style-type: none"> 1. Service providers who have access to personal data within the scope of the contracted services; 2. Insurer, within the scope of the sports insurance contract concluded with insurer; 3. Third parties for the purpose of exercising or defending the rights of the MCP in a lawsuit.
Transfers outside the EU and Conditions for transfer:	N/A
Term of conservation of personal data:	<ol style="list-style-type: none"> 1. Regular preparation of the race; 2. Results/classifications; 3. Sending important information about the participation in the event: During the Contract; After the Contract, until the expiration of the corresponding rights. 4. Validation of the sports insurance: During the legally established period. 5. MCP marketing actions (image rights); and 6. Communications of future similar events: For five (5) years, or, until you exercise your right to object.

	<p>7. The periods indicated are without prejudice to its conservation, beyond that period, in the case of pending legal action, in which case the data will be deleted after 3 (three) months from the date of the final decision rendered in the process.</p>
Your rights:	<ul style="list-style-type: none"> • Access: confirmation of the data processing and the right to access your personal data; • Rectification: to rectify any inaccurate and/or incomplete personal data; • Delete: to delete of personal data accordingly with the law; • Limitation: to limit the data processing accordingly with the situations listed in the law; • Opposition: to oppose the processing of your personal data; • Portability: to receive the personal data concerning you; • Withdrawal of consent: right to withdraw consent given at any time. <p>The listed rights are exercised accordingly with the limits defined by law, and the data controller may, in the event of reasonable doubt, as to the identity of the person submitting the request, ask to be provided with such additional information as may be necessary to confirm the identity of the data subject.</p>
How to exercise your rights / Withdraw your consent:	<p>To exercise your rights, you should contact the MARATONA CLUBE DE PORTUGAL through the following contacts: Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal dpo@maratonaportugal.com</p> <p>Regarding the treatment of data for sending electronic communications for the dissemination of products, services and campaigns, you can also withdraw your consent at any time using the tool at the bottom of the communications (REMOVE/UNSUBSCRIBE).</p>
Control authority:	<ul style="list-style-type: none"> ▪ CNPD - Comissão Nacional de Proteção de Dados ▪ www.cnpd.pt
The communication of personal data is a legal obligation:	No
The communication of personal data is a contractual obligation:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events; ▪ Communication of personal data to partners/sponsors for marketing actions.
The communication of personal data is a necessary requirement for entering into a contract:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events; ▪ Communication of personal data to partners/sponsors for marketing actions.
There is an obligation to provide personal data:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events; • Communication of personal data to partners/sponsors for marketing actions.
Consequences of not providing this data:	<p>The data treatment is necessary to make the registration for the event and to comply with legal obligations to which the MCP is subject, without this data it will not be possible to proceed with the registration in the event and the athlete will not participate in it.</p>
More Information:	<ul style="list-style-type: none"> ▪ info@maratonaportugal.com